

Central Oklahoma Healthy Start Initiative

AT COMMUNITY HEALTH SHAWNEE
FAMILY MEDICAL CENTER:
130 N. BROADWAY, SUITE 300
SHAWNEE, OK 74801
405.395.0806



OUR COMMITMENT

Healthy Start is a free program dedicated to reducing disparities in maternal and infant health.

OUR PURPOSE

To improve health outcomes during and after pregnancy, and reduce racial/ethnic differences in rates of infant death and adverse perinatal outcomes.

OUR REQUIREMENTS

- Expecting Mothers/Fathers and/or Mothers/Fathers that have a child 12 months or younger
- Must live in Oklahoma or Pottawatomie County
- No income requirements!!

SERVICES

CLASSES

We provide empowering classes that are free and open to the community

- Healthy Relationship
- Nutrition
- 24/7 Dad
- Breastfeeding
- Consumer Advisory Council
- Early Birds Prenatal/0-1

CASE MANAGEMENT

We have amazing Care Managers that support our clients by

- Providing great education and guidance during visits
- Pregnancy and Parenting Support
- Providing linkage to resources

BABY BOUTIQUE

Clients are rewarded with incentives for participating in our program

- You may earn Baby Bucks for your visits with your Care Manager and for attending classes.
- Baby Bucks may be used to get free baby items from our Baby Boutique.
- Our Baby Boutique offers brand new baby items such as diapers, wipes, strollers, toys, Pack 'n' Plays, humidifiers, baby clothes, shoes, etc.

